

# Gary Sanderson

- Verona, New Jersey resident
- Collector of about 200 antique bikes





Editor of *The Wheelmen* magazine, and Captain of the NJ Division of The Wheelmen, a national non-profit organization with a goal of preserving American eveling history











An active Wheelman who enjoys riding long distances on his high wheel bicycle from the 1880's



# Gary Sanderson

Took part in Back in Bloomers in 2006, by riding a high wheeler from Boston to New York City





spokeswomanproductions.com

Back in Bloomers was a historical re-creation of the Boston-NYC leg of Annie Londonderry's historic 1895 ride around the world. Annie is credited as being the first woman to cycle around the world.

# Gary Sanderson

A contributor to Riverton's 2006
Victorian Day and the Historic
Riverton Century in 2014 and 2016



**Historic Riverton Century 2014** 



Riverton's Victorian Day 2006

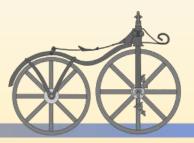


Bill Hall, Gary Sanderson 2016

2017 IS THE 200<sup>TH</sup> ANNIVERSARY OF THE BICYCLE









1818 draisine

1869 two-wheel velocipede

1860 pedal-bicycle

1870 high-wheel bicycle





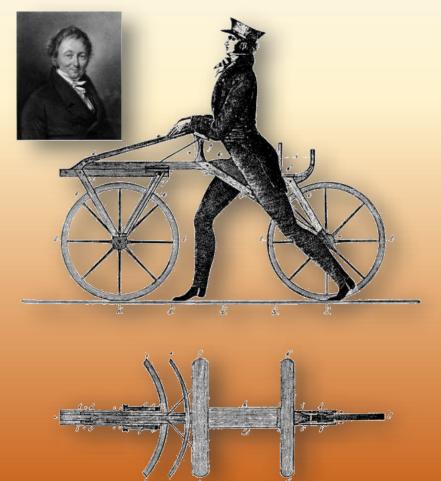


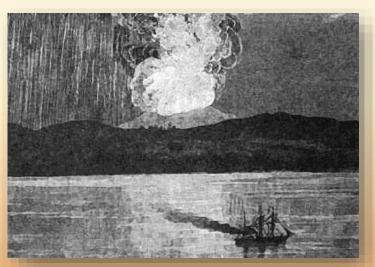
1890 safety bicycle

1960s racing bike

Mid 1970s mountain bike

How did the massive 1815 eruption of Mount Tambora in present-day Indonesia that killed an estimated 10,000 people give birth to the bicycle?

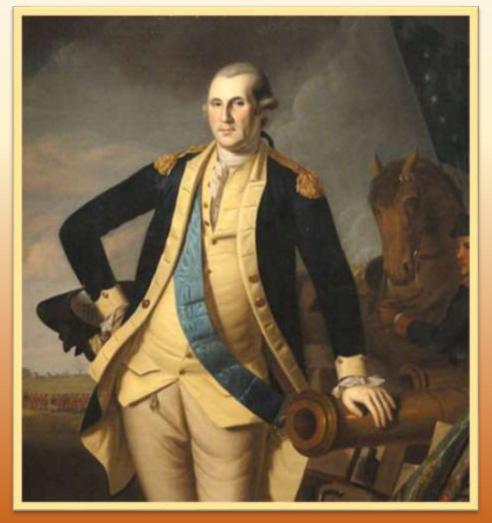




Mount Tambora eruption 1815 PUBLIC DOMAIN

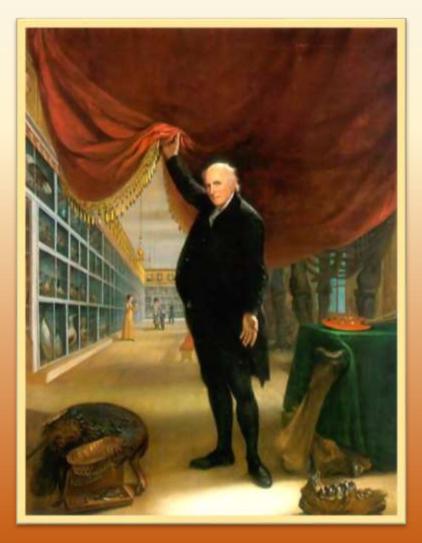
In 1817, German Baron Karl von Drais invented the laufmaschine or "running machine" – renamed the Draisine, by Europeans – the forerunner of the modern-day bicycle.

How did a famous painter help popularize the draisine?



George Washington at the Battle of Princeton, about 1779

How did a famous painter help popularize the draisine?

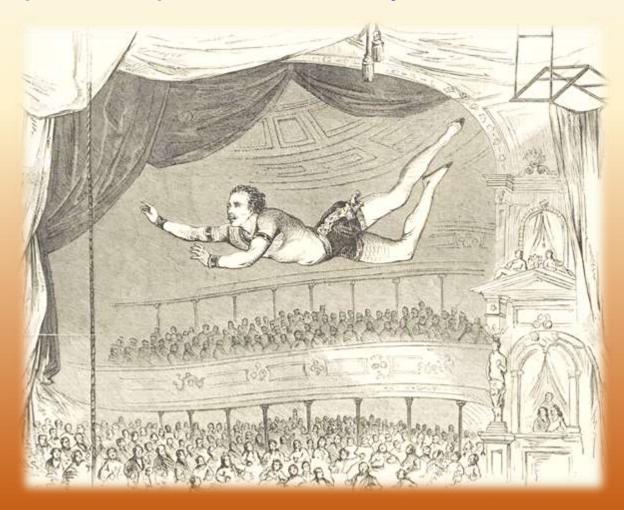


- Philadelphian Charles Willson Peale (1741-1827) painted more than 300 portraits of prominent American men and women.
- Intrigued by a draisine, he viewed in Baltimore, he hired a blacksmith to build one of his own design and displayed it in his natural history museum.

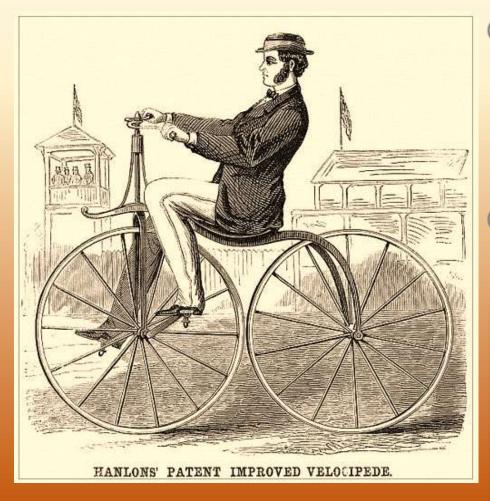
The Artist in his Museum, by Charles Willson Peale, 1822



How did a dare-devil acrobatic troupe contribute to the development and promotion of the bicycle?



How did a dare-devil acrobatic troupe contribute to the development and promotion of the bicycle?



- The Hanlon brothers of New York
  City patented a number of
  inventions in the late 1860s
  designed to improve
  velocipedes
- Velocipede Mania broke out and continued until Spring 1869.

ment on the subject of velocipedes is on the increase, and improvements are being made every day. But increase which raged so confine used mode fearfully a year or two ago, seems to have aquation atterly disappeared. We were but lately never that we had reached the velocipede and that we had reached the velocipede and that we had reached the very hody, of all and and that henceforth every hody, of all conditions and that henceforth every color,

Why did Americans give up on velocipedes, but Europe persevered?



1870 – Americans gave up on the velocipede – Too much work when riding "outdoors".

1871 – The French and the English continue development of the bicycle – up comes the Ariel and the high wheel bicycle is on its way.

What role did the 1896 Centennial Exposition in Philadelphia play in bringing the high wheel bicycle to America?

- Col. Augustus A. Pope visits the Exposition
- He sees bicycles in British Exhibit in Main Building.

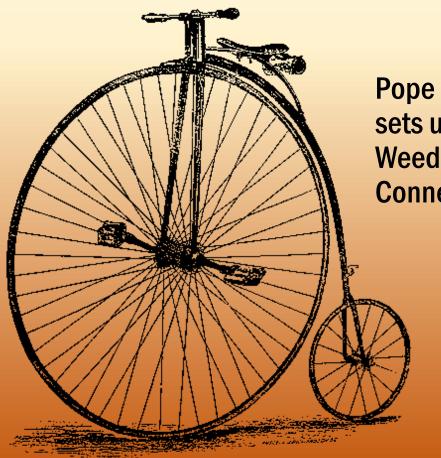


Exhibitors were
Digby & Roberts,
Haynes &
Jefferies, and
C.D. Roberts, all
of Coventry,
England.

How did a successful manufacturer of small patented items and tools for shoemakers come to found the American bicycle industry beginning in 1876?



Col. Albert A. Pope

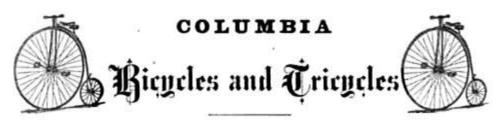


Pope imports the English bicycles and sets up manufacturing of bicycles at the Weed Sewing Machine Co. in Hartford, Connecticut.

How did Col. Pope promote bicycles?



Col. Albert A. Pope



THE POPULAR STEEDS FOR BUSINESS AND PLEASURE.

STAUNCH AND RELIABLE.



EVERY
PART
INTERCHANGEABLE.

Send stamp for illustrated (36 page) catalogue, containing full information.



THE POPE M'F'G CO.,

597 Washington St., BOSTON, MASS,

Branch House, 12 Warren St., New York.



- Col. Pope began to manufacture Columbia branded bicycles.
- Promoted cycling
- Promoted cycling news magazines
- Promoted amateur bicycle
- Created and sponsored Good Roads Movement

#### How did the safety bicycle develop from the high wheel?



- High wheel bicycles were very popular, but they were also very dangerous.
- So, there was a massive effort to develop a "safe" bicycle which led to the "Safety Bicycle"; a safe but bone shaking hard ride.



How did a Scottish-born veterinary surgeon contribute to the popularity and eventual dominance of the safety bicycle?



Familiar with making rubber devices, John Dunlop developed the first practical pneumatic tire for his son's bicycle in 1887, and developed them for use in cycle racing.

Dunlop on a safety bicycle c.1915



What caused America's 1900-1996 bicycle boom?



- Invention of safety bicycles
- Invention of pneumatic tires
- Design of women's safety bicycle

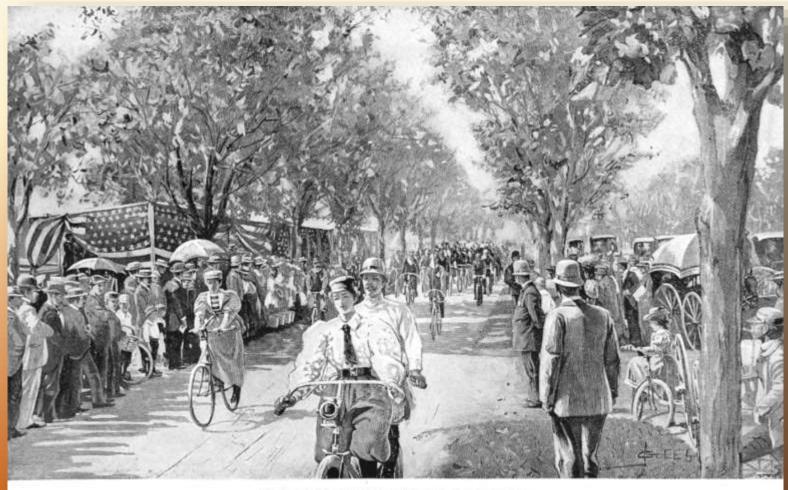
What were the causes of the 1890s bicycle boom?



OLD AND MIDDLE-AGED, AS WELL AS YOUNG PROPER NOW RIDE THE WHEEL. NO ONE SADDLE CAN PLEASE THEM ALL, BUT SOME SAGGER SADDLE SURELY SUITS, FOR THEY ARE MADE IN SIXTY STYLES OF EVERY POPULAR FORM: HEALTH, ANATOMICAL, HYGIENIC, PNEUMATIC, AND ORDINARY. ILLUSTRATED CATALOGUE PREE FROM THE "MAKERS OF MOST OF THE HIGH-GRADE SADDLES," SOAD, ROCHESTER, N.Y.

What were the causes of the 1890s bicycle boom?

The new "freedom machine" enabled travel out of the city.



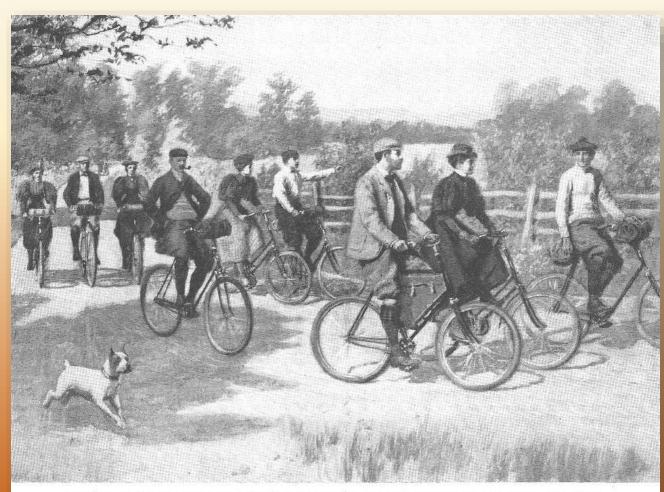
The Bicycle Path from Prospect Park, Brooklyn, to Convy Island.

Drawn for J. M. Gleren.

#### Why is the bicycle known as a "freedom machine"?

# The invention of the bicycle...

- changed individual mobility
- changed recreation
- advanced female equality
- advanced "rational dress" movement
- forever reshaped American society



American country lanes in the Nineties teemed with nature-loving cyclists like these, including such supremely confident types as the ruminant pipe-smoker with his hands in his pockets.

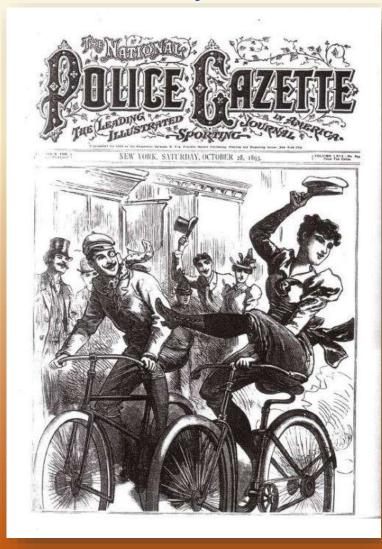
Why is the bicycle known as a "freedom machine"?

The bicycle helped to create the "New Woman" of the late 19th century.



Fig. 22. Edward Lamson Henry, The New Woman, 1892, oil on canvas, 16 x 22 in. (40.64 x 55.88 cm). Private collection, Illinois.

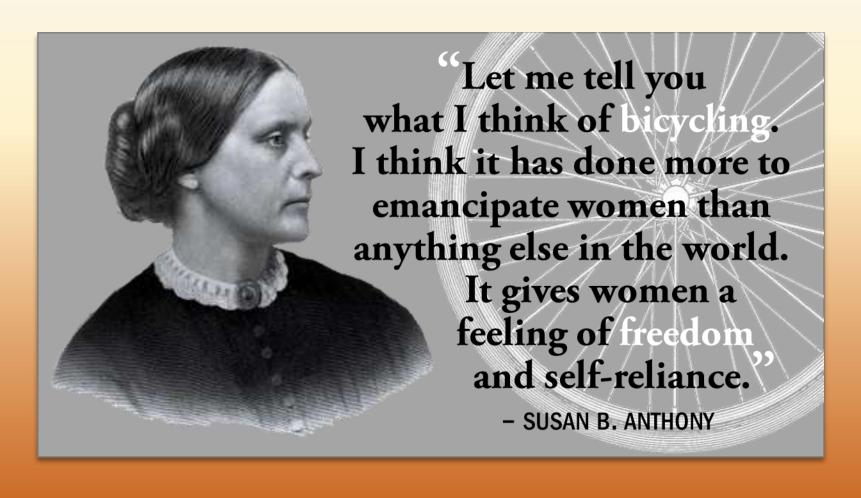
#### How did the bicycle liberate women?



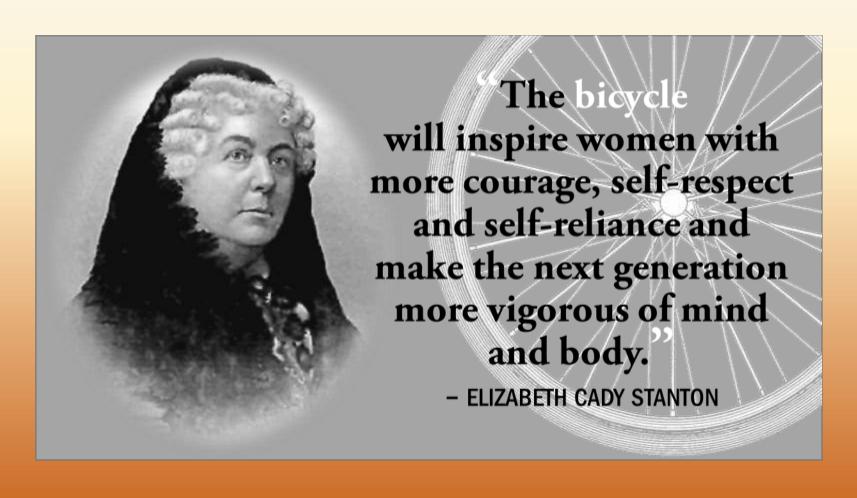
- Divorcée Angeline Allen of Newark, N.J., drew gawkers when she rode a bike through town wearing blue corduroy bloomers.
- The National Police Gazette sensationalized the event by publishing this provocative cover in 1893.

Angeline Allen on the National Police Gazette cover, 1893

Why is the bicycle known as a "freedom machine"?



Why is the bicycle known as a "freedom machine"?



How did bicycle clubs change America's roads?





Founded in Newport, R.I in 1880, the League of American Wheelmen soon became the leading national membership organization, reaching peak membership (103,000) in 1898.





L.A.W. CAP PINBACKS

The L. A. W. bicycle club, of Rivertou, took a run to Atlantic City last Saturday and returned on Sunday evening.



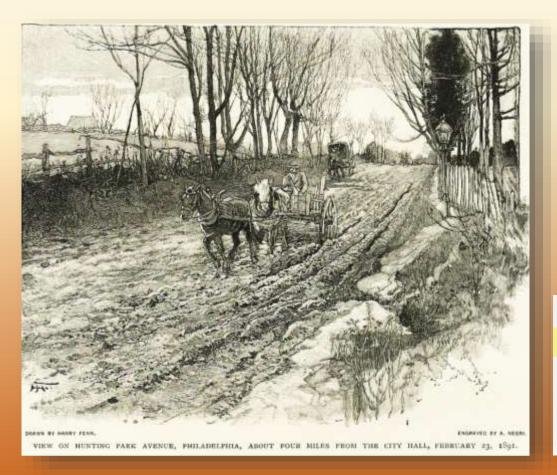




The L. A. W., of Riverton, received its its new furniture on Thursday. The room will be more attractive than ever now, and many a young man will spend his evenings there instead of on the street.

#### How did bicycle clubs change America's roads?



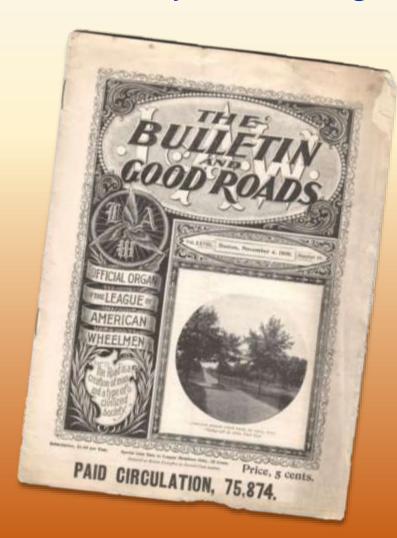


Bicyclists, known then as "wheelmen," faced rutted gravel and dirt roads, and antagonism from horsemen, wagon drivers, and pedestrians.

The cyclists of Moorestown and vicinity are much agitated over the work of miscreants who have been wrecking wheels whenever the opportunity presented itself. They placed obstructions on the path between Westfield and Moorestown. This is one of the principal thoroughfares for bicycling at night. Over a dozen riders have been thrown and injured and several machines broken.

How did bicycle clubs change America's roads?





The League founded and led The Good Roads Movement in the late 19th century and began publishing Good Roads magazine in 1892.

How did bicycle clubs change America's roads?



We have heard or hear it now "that,"
"Oh! what a sandy state Jersey is'
and that people would hate to ride or
drive over her roads. The sands of
Jersey has vanished by the mighty
hand of bicycle riders. Such roads
that abound around our city with a
distance radius, and are delightful to
ride on and are also durable. It is
now that the riders of this state enjoys
his pleasures on a hard gravel or stone
roads almost wherever he seeks to wander.

The League advocated for the improvement and safety of roads and highways in the United States long before the advent of the automobile.

TO EVERY BIOYOLE RIDER IN RIVERTON.

It is earnestly requested by the League of American Wheelmen that every bicycle rider in Riverton keep off the bicycle rider in Riverton keep off the sidewalks on Main Street and on Broad sidewalks on to ride through the Streets of Riverton faster than about streets of Riverton faster than about six miles per hour, also to observe the general rule of carrying a lamp after

It is very important that these pre-

Palmyra Weekly News, Oct.9, 1897, p2.

Palmyra Weekly News, June 26, 1897

How important was bicycling to other sports of the time?



Fig. 6.16. The amateur Martin Road Race, held in Buffalo, New York in March 1894,



- Bicycle racing is the most important sport of the time.
- Baseball and football are just beginning.
- Top racers revered like today's top athletes and celebrities.

How important was bicycling to other sports of the time?



#### BUNNIE'S BEAUTIES.

They Race For Diamonds—Bofinger the Star and a Record Maker as Well—Good Management Begets Good Racing.

The second diamond race meet of the Riverton Athletic Association attracted nearly 3000 people to the pretty bicycle track at Riverton, N. J., Saturday afternoon. The management was good and the races were run off quickly. Some of the finishes were very close

In the first heat of mile handicap, E. A. Bofinger, of Riverside Wheelmen, N. Y., went for the mile track competition record of 2.23 3-5, held by himself, and succeeded in clipping 41-5 seconds off it, doing the mile in 2.19 2-5. Bofinger also won the five mile handicap from scratch in 13.11%.

The riding of Charles Brooksbank, of the Riverton A. A., in the final of the mile handicap was a revelation. Bofinger caught the limit men at the end of the third lap, and everybody conceded him the race, but Brooksbank hung on

- Race events attracted huge crowds of spectators.
- Cyclists competed for large value prizes.
- Col. Pope and the L.A.W. advocated amateurism.



The Sporting Life, Sept. 8, 1894. p11.

How did 1890s racism result in the League's exclusion of blacks?



#### ARTICLE III.

SECTION 1. Any amateur white wheelman of good character, eighteen years of age or over, shall, with the endorsement of two League members, or three other reputable citizens, be eligible to membership in this League upon payment of the initiation fee and dues, as provided in this constitution.

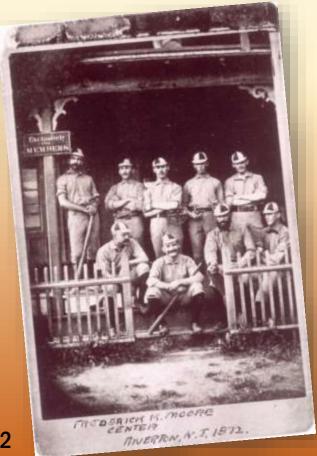
- In 1894, the L.A.W. restricted membership to whites, effectively excluding blacks.
- In 1899, Taylor won the world championship in the 1-mile sprint in Montreal.
- In 1999, its successor, the League of American Bicyclists, apologized for the ban.

Marshall Walter "Major" Taylor, American cyclist, winner 1899 world 1-mile track cycling championship

How did Riverton come to build a world-class velodrome during the bicycle craze of the 1890s?

- Oddly, bicycle racing in Riverton began with an amateur sporting club, the Riverton Ball Club.
- Riverton Athletic Association organized in 1894, and leased land from the Riverton Ball Club.
- RAA spent \$14,000 on improving grounds.

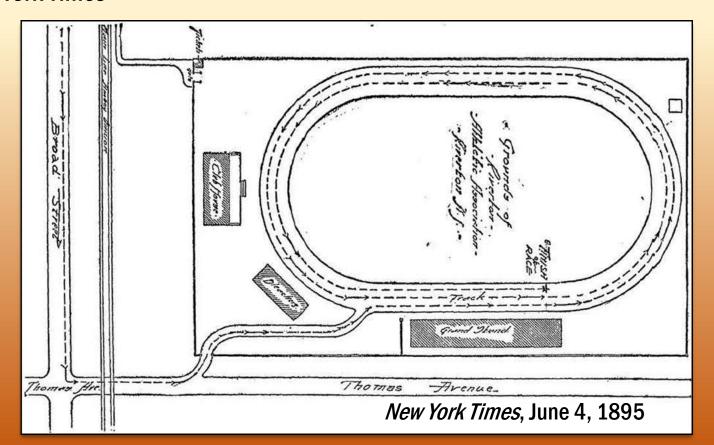




How did Riverton come to build a world-class velodrome during the bicycle craze of the 1890s?

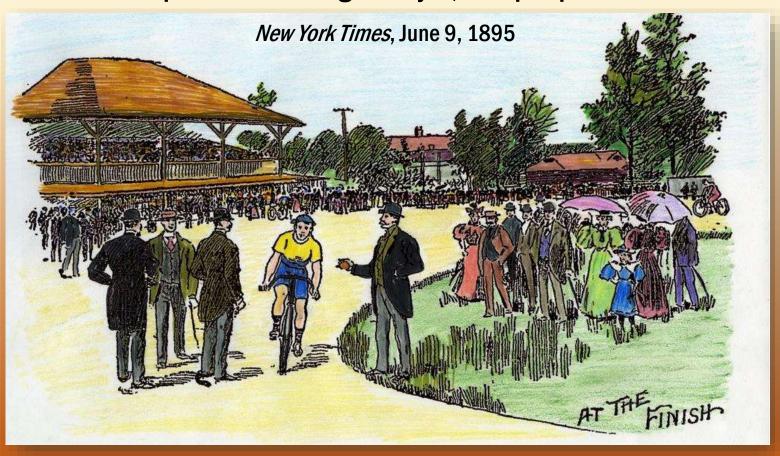
1894 "...built one of the finest quarter-mile (bicycle) tracks in the world ."

- New York Times



How did Riverton come to build a world-class velodrome during the bicycle craze of the 1890s?

Stands were capable of holding nearly 3,000 people



How did Riverton come to build a world-class velodrome during the bicycle craze of the 1890s?

First association to race bicycles at night under electric lights



What event did the New York Times bring to Riverton?

F.M. Dampman

In 1895, wheelmen competed in relay teams to run a 150-mile race from the New York Times building in Manhattan to the racing track in Riverton, NJ.

New York Times, June 4, 1895

#### WHERE TIMES RACE ENDS

The Fine Grounds of the Riverton Athletic Association.

CLUB FORMERLY A BASEBALL TEAM

Organized in 1865, It Won Many Notable Victories Over Amateur Nines — Its Prominent . Officers.

RIVERTON, N. J., June 3.—Few of the made so distinguished

New York Herald, June 9, 1895



Her Cyclists Score the Most Points in the Tri-State Run to Riverton.

#### DAMPMAN'S GOOD WHEELING

Long. Island Pedallers. Make Fast.

Time in Their Annual

Century Event.

#### VOUNG BRENNAN'S LONG RIDE

The start in the tri-State bicycle relay race from this city to Riverton, N. J., was made from the minute of nine o'clock yesterday on the minute of nine by the started morning, from Printing House Square. The morning, who started in the first relay were riders who started in the first relay were riders who started in the first relay were.

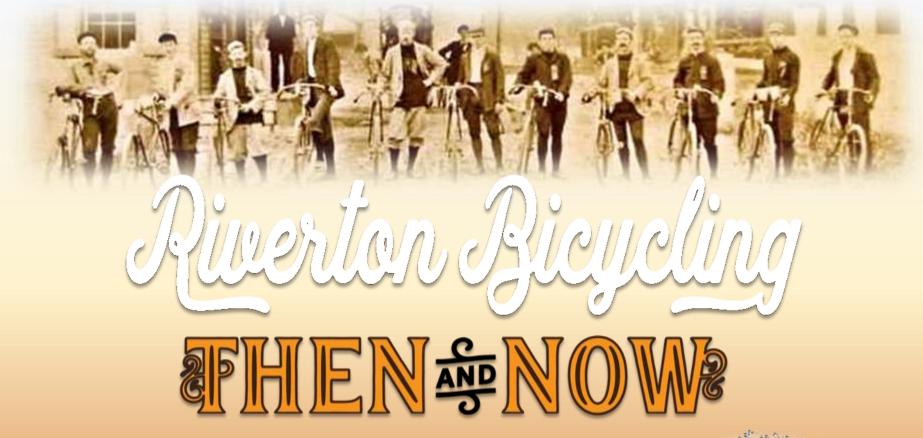
What happened to the bicycle track?

Alas, the glorious days of bicycle racing in Riverton were not to last. By 1909, unable to pay the rent on the leased land, the track was demolished and the land sold for housing.



1911 Sanborn Insurance map Sheet 12

KEY: former site of Riverton's bicycle track



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wheelmangary@gmail.com

973-857-3447



For the the Porch Club April 18, 2017 PowerPoint by John McCormick



### Carlos Rogers

A Riverton newcomer (via Adrienne Gaughan Rogers)

Carlos Rogers Adrienne Rogers Leo Rogers

### Carlos Rogers

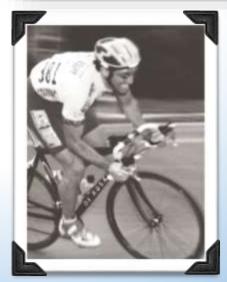
Former competitive cyclist 1991-2008

Masters Race 45+ 2016 photos: bikerace.pics



L-R: Bicycle Therapy Team Photo, 2001 Lancaster, Allentown







PHOTOS: BICYCLE THERAPY

### Carlos Rogers

My goal in 2011 was to bring to my adopted hometown a familyfriendly Riverton venue criterium.



2014 PHOTO: JM

2014 PHOTO: JM







2013 PHOTO: JM

2014 PHOTO: JM



BY CARLOS ROGERS

Course considerations and design

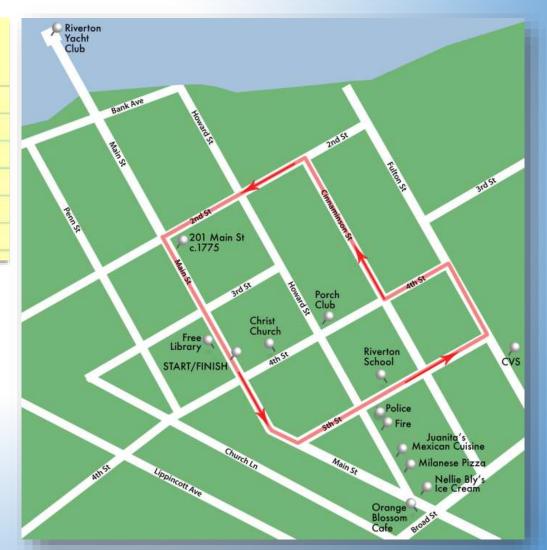
#### criterium

noun cri·te·ri·um \krī-'tir-ē-əm

Definition of CRITERIUM

: a bicycle race of a specified number of laps on a closed course over public roads closed to normal traffic

O.8mile, 6 turn, technical flat and fast course through the center of Riverton. Completely residential course, smooth roads, spectator friendly. Race route runs counter-clockwise, Start/Finish at 4th and Main Streets.



BY CARLOS ROGERS

Secure permissions and support of borough council and county officials

#### **RESOLUTION 48-11 August 2011** A RESOLUTION ENDORSING A USA CYCLING SANCTIONED BICYCLE RACE IN THE BOROUGH OF RIVERTON (IN FULL IN RESOLUTION BOOK)

#### PROPOSAL RECEIVED FROM CARLOS ROGERS RE: A USA CYCLING SANCTIONED BICYCLE RACE IN RIVERTON

Mr. Rogers provided an overview of his proposal, which was previously distributed to Council for their review. A copy is on file with the Municipal Clerk. This event will be sponsored by Mr. Rogers or his racing club in Philadelphia. The proposed

Mr. Rogers explained that most of the expenses for the race would come from police marshalling (3 or 4 police needed) and monies needed for the prize list (would sonsors). Mr. Rogers indicated that he would cover any additional

costs (would need agreement with the Borough on this issue) if it is anticipated that all the different categorie Mr. Rogers responded that he hopes to comple

that he would need approval from Council to

how many ruders were anticipated to the concern over the logistics of the logistics over the logistics of the logistics of the logistics over the logistics of the logistics over the logistics of the logistics of the logistics over the logistics of the logistics of the logistics of the logistics of the logistics over the logistics of the logisti Wells questioned the routes chosen, since most of the roads suggested Mr. Gunn thought County approval would have to be obtained first. It

concerns. Mr. Gunn stated that nd would want to be indemnified unn stated that after reviewing the nsibility on the promoter to make inn asked Mr. Rogers if he wor Rogers responded yes. Mr. Gr

purposes. Mr. Rogers responded yes. Mr. Gunn suggested that the Borough's insurar broker review the policy and approve that. Mr. Kinzler asked who would handle the an agreement with the Borough for inc clean-up from the race. Mr. Rogers responded that his volunteers would take care of this. Ms. Cairns Wells thinks this proposal is positive and is an exciting event. However, she

UPDATES ON PROPOSED USA BICYCLING BICYCLE RACES Carlos Rogers reported that he anticipates that the races would take place next year, maybe in May or June. He stated that inclusion of Main Street as one of the routes for the races would be crucial; therefore, a permit would have to be obtained from

Mr. Gunn reported that he spoke to our insurance broker and there would be no additional premium for this event. Mr. Gunn explained that the Borough would enter into acumonar premium for this event. Mr. Quint expranted that the Borough would be named and a contractual agreement with Mr. Rogers' club and that the Borough would be named an

a contractual agreement with Mr. Rogers' club and that the Borough would be named an additional insured. Mr. Gunn explained that should an incident arise and it's not covered by the policy, then the Borough's insurance rate sport of the addressed also. Mr. Gunn stated that there might be club, a sample racing flyer for the upcoming brocked for confirmation from the policy of the confirmation from the council to move forward for provided the provided for the confirmation from the council to move forward for their review. The council to move forward for the confirmation from the council to move forward for the confirmation from the council to move forward for the confirmation from the council to move forward for the confirmation for the council to move forward for the confirmation for the council to move forward for the confirmation for th Carlos Recere provided Council to move forward for Council concurred. Mr. Gunn also stated that hat we would need be be because the provided Council concurred. Mr. Gunn also stated that hat we would need a noverview of the Rogers' bicycle club before Council can consider giving annual Reverses even and as looking for council concurred. Mr. Gunn also stated that hat we would need the provided considering the Rogers will confer with Ms. Cairns Wells regarding the Rogers stated that he had a council of the provided for council of the provided for council of the provided for the pr

Carsos Rogers provided Council an overview of the successful rustage. Criterians bicycle rice recently held on June 12<sup>th</sup> Mr. Rogers stated that he would like to make this an annual Riverton evers and as looking for Council's endowsment. Mr. Rogers thanked the Borough for posting information and photos of this event on the Borough's website. suggested that the Borough might consider having the would be very helpful in getting information. It was a stated that he would be very helpful in getting information. It was a range of people Mr. Rogers for the Shade Tree Comunity of Council for the Shade Tree Council of the Council for the Shade Tree Council of the Council for the Council

A RESOLUTION ENDORSING A USA CYCLING
RESOLUTION #83-2016
RESOLUTIO aye, Mr. Brown aye, Ma

A RESOLUTION ENDORSING A USA CYCLING SANCTIONED BICYCLE RACE IN THE BOROUGH OF RIVERTON

Mr. Rogers change the routes so that only Borough roads would be us NEW BUSINESS

It was **BOFOURTH** CRouers, of the Historic Riverton Criterium (bike ruces) is requesting permissed. Council of Mary Sunday, June 9, 2013. A formal Resolution will be prepared for Council a connectific Sugarst meeting. It was announced that all Hyn2013 regatta would be held at the Yacht

BY CARLOS ROGERS

Secure USA Cycling permit





#### HISTORIC RIVERTON CRITERIUM

Sunday, June 12, 2011

HELD UNDER USA CYCLING PERMIT 2011-939 RACE HELD RAIN OR SHINE Sponsored by: Bicycle Therapy Riverton, NJ (est 1851)

CATEGORY	DISTANCE	START TIME	PRIZES/PLACES	ENTRY FEE	FIELD LIMIT	
CAT 4	25 miles	1:00pm	500/ 10 places	\$30	75	
MASTERS* 35+	30 miles	To follow	700/12places	\$30	75	
Kids	Sprint/1 lap	To follow	Medals/Ribbons	N/A	25	
1/2/3	35 miles	To follow	1500/ 15 places	\$30	75	

<sup>\*</sup>No Cat 5 Men or Cat 4 Women

Women may enter 35+, and/or 1/2/3 (must be cat 3 or higher)

USAC approved helmets mandatory.

Only the above listed races are permitted and sanctioned by USA Cycling. No other races or activities at the event are sanctioned by USA Cycling.

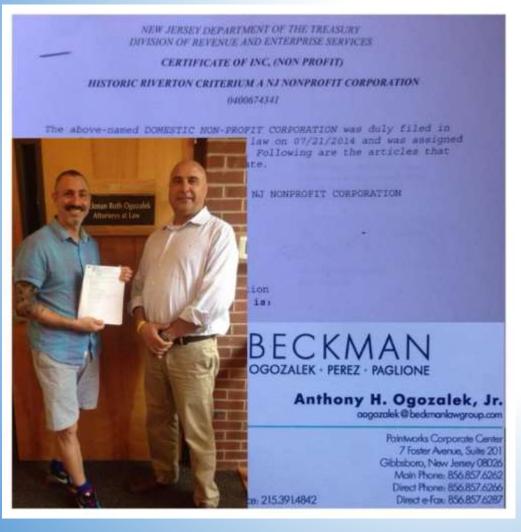
usacycling.org

**Earn USAC Race Director Certification** 





#### **Legal stuff**



#### Procure and manage volunteers



2014 РНОТО: ЈМ



2016 РНОТО: ЈМ



2015 VIDEO CAPTURE: JM

Secure cooperation with Borough personnel and law enforcement



2013 РНОТО: ЈМ



PHOTO: HRC FACEBOOK PAGE



**2011 PHOTO: LEE ROGERS** 



2016 РНОТО: ЈМ

BY CARLOS ROGERS

#### Sponsorship solicitation

































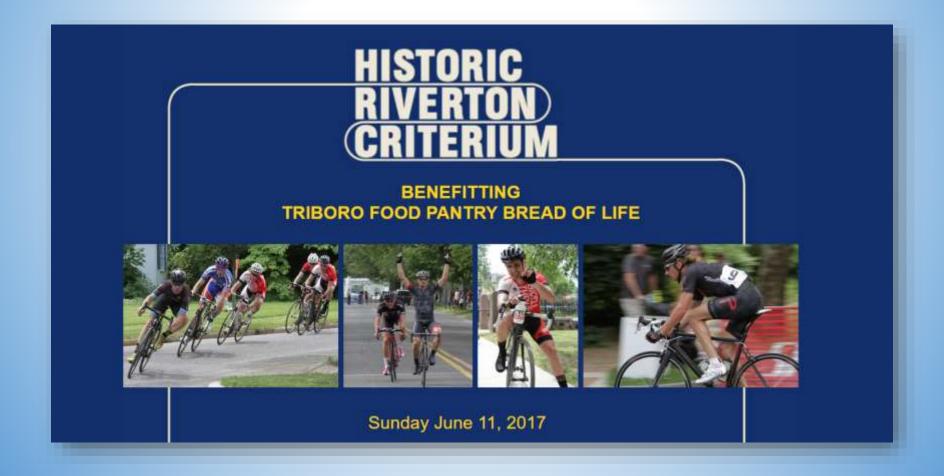




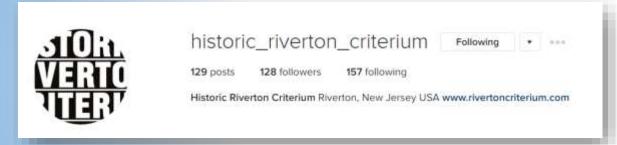


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Social media: Website: rivertoncriterium.com



Social media: Instagram: instagram.com/historic\_riverton\_criterium

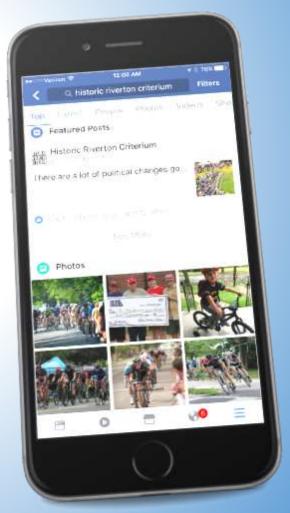




BY CARLOS ROGERS

Social media: Facebook:
facebook.com/historicrivertoncriterium





#### Staging equipment and tech



2012 VIDEO CAPTURE: JM



2012 VIDEO CAPTURE: JM



2012 РНОТО: ЈМ



2012 РНОТО: ЈМ

#### **USAC** officials



2013 РНОТО: ЈМ



2013 РНОТО: ЈМ



2014 РНОТО: ЈМ



2014 PHOTO: JM

#### **Signage**





2014 РНОТО: ЈМ

2015 РНОТО: JM



2016 РНОТО: ЈМ



2016 РНОТО: ЈМ

#### \$3,000 Cash Purse, Cash Primes, Awards!



2015 РНОТО: ЈМ



**2012** PHOTO: JM



2015 РНОТО: ЈМ



2013 РНОТО: ЈМ

#### **Neutral Support**



2012 РНОТО: ЈМ



2014 РНОТО: ЈМ



2013 РНОТО: ЈМ



The criterium format is exciting for spectators



The criterium is the most popular form of competitive road cycling in the US.

It brings the thrill of highspeed racing to **Main Street USA** where the action unfolds to within feet of spectators.

**2014** PHOTO: JM

Winning requires a mix of good technical skills



Here comes the field!

**AKA** the"peloton," the "group," or the "bunch"

**2013** PHOTO: JM

Winning requires a mix of good technical skills



**Cornering** 

Fourth & Fulton, 2012 PHOTO: JM

Winning requires a mix of good technical skills



Accordion **Effect** 

Winning requires a mix of good technical skills



The Break Away

Winning requires a mix of good technical skills



**Attacking** 

Winning requires a mix of good technical skills



The last lap

BY CARLOS ROGERS

Charitable contributions



Since 2011, the non-profit Historic Riverton Criterium has been committed to supporting Riverton and its surrounding communities.

**Contributions since 2011** 

- Pal/Riv Athletic Assn.
- Riverton Fire Co.
- Riverton Free Library
- Riverton Memorial Park
- Shade Tree Board
- Historical Society of Riverton
- Christ Episcopal Church
- Riverton Public School PTO
- Police Unity Bike Tour
- Bike MS
- Palermo Children's Education Trust
- Palmyra Ambulance Assn.

For 2017, the HRC is excited to help out the Tri-Boro
Bread of Life Food Pantry

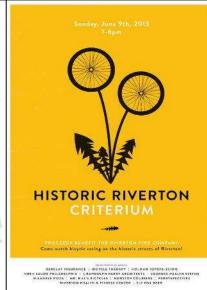
#### Merch





















# Cynergy Cycling Club

Cynergy is a road cycling club that represents riders from the South Jersey area. Our name is based on Synergy (noun, plural synergies: the interaction of elements that when combined produce a total effect that is greater than the sum of the individual elements,

contributions, etc.; synergism.)

#### **Our Mission Statement:**

The mission of Cynergy Cycling is to create a fun, safe and supportive environment for cyclists; to advocate on our sport's behalf and to collaborate with our communities to foster an equitable road environment.



CYNERGY

# Bike Rodeo and Community Ride



- June 10
- Organized Club Ride 8am 11:00am (Open to non-members)
- Distances: 15 miles, 30 miles, 35 miles, 45 miles, 55 miles
- Lunch 11:30am 1:30PM
- Kids Bike Safety Training "Bike Rodeo" 2:00PM 4:00PM
- The Bike Rodeo is designed to teach foundational skills that can help kids ride safer.
- Community Ride 4:00PM 5:15PM

# Bike Rodeo

Help Your Kids Ride with More Confidence.





Participants will learn how to safely:

- start & stop
- look behind
- be visible to cars

# Bike Rodeo

Participants also will learn how to...





- go around obstacles
- exit driveways
- cross intersections

# Bike Rodeo

The Bike Rodeo...





...features age appropriate stations that kids progress through under the supervision of adult volunteers.



# Riverton Bicycling THEN MINOW

**Cynergy Cycling Club** 

Email: <a href="mailto:cynergycycling@gmail.com">cynergycycling@gmail.com</a>

Website: cynergycycling.com/

Facebook: facebook.com/cynergycycling/



For the the Porch Club April 18, 2017 PowerPoint by John McCormick